



## The *New* Cobb FC Discovery Program

Cobb FC would like to introduce the new “Discovery” program designed to help with all U10 players. The club has recognized that it needs a training curriculum that will enhance the development of all players from an early age. **This new program will allow all U10 Recreational teams to have one session a week by Cobb FC’s professional coaches.** The teams will practice along side the Academy teams once a week and will be introduced to the current Academy curriculum.

### *Benefits*

- **Current U10 recreational teams to be exposed other teams of equal or higher abilities**  
Players may strive for excellence in development of their technical ability.
- **On The Job Training for all Recreational coaches.**  
Coaches can follow professional practices and receive knowledge, experience, and new ideas from quality, experienced staff members on a week to week basis.
- **Every player will have an opportunity to participate in the Academy program.**
- **Professional training to all U10 Recreational players without increase to registration fee.**
- **Extended practice time**  
1 hour of technical activities and 30 minutes of small sided games.

We feel that broadening this curriculum to the entire membership would benefit every young soccer player. Currently we anticipate development of this program through our rising U10 players, regardless of Academy or Recreational status or even gender. The discovery program will formalize the current U10 Group practices and concentrate on **Ball Mastery and Passing and Receiving** in the following:

**1 group practice per week with a professional staff member**

**1 optional skills practice offered twice a week**

**1 practice with the parent coach**

**Each U10 team once a week will rotate into the academy schedule to play other U10 Academy teams.**

Each Recreational team will be assigned a training night and will join several other teams for the Discovery sessions. **This will be introduced without any additional fees being charged to the player or parents.** Cobb FC feels that this is a very unique program that will benefit the whole club and its players in offering a super service - a player development plan of the highest quality.